Publications List

A Quick Reference Guide to the California Offices of the Family Law Facilitator
Published by the Judicial Council of California.

Sacramento County Public Law Library Legal Guides
This site has a list of books on family law and other legal topics.

Good Parenting Through Your Divorce: The Essential Guidebook to Helping Your Children Adjust and Thrive: Based on the National Learning Program
Mary Ellen Hannibal Marlowe, 2007
This book touches on several helpful and informative topics such as how to recognize, cultivate, and respond to your child’s feelings; how divorce affects your child’s development; how to support your child’s expressive self; the challenge of behavior and discipline; the dos and don’ts of shared parenting; understanding and managing negative reactions; guidelines for developing positive emotional habits and lastly how to manage communication with your co-parent.

How to Talk to your Children about Divorce.

Learning from Divorce: How to Take Responsibility, Stop the Blame, and Move On

Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust

Mom’s House, Dad’s House: Making Two Homes for Your Child
Isolina Ricci Fireside, 2006
Guides separated, divorced, and remarried parents through the hassles and confusions of setting up a strong, working relationship with the ex-spouse in order to make two loving homes for the kids. Includes emotional and legal tools, as well as many reference materials and resources.

Putting Children First: A Guide for Parents Breaking Up

Stop! In the Name of Love for Your Children: A Guide to Healthy Divorce
Risa Garon Children of Separation and Divorce Center Inc., 2000
This book deals with important issues relating to divorce including a child and family focused decisionmaking model and how professionals work with this model with both parents and children.

Surviving Your Divorce
Talking to Children about Separation and Divorce: A Handbook for Parents
Risa Garon and Barbara Mandell Children of Separation and Divorce Center Inc; National Family Resiliency Center, 2005
This book provides a roadmap through the challenges of supporting children through family change. Practical strategies in each chapter offer parents concrete suggestions for nurturing and guiding youngsters while building positive family relationships.

The Co-Parenting Survival Guide: Letting Go of Conflict after a Difficult Divorce

The Divorce Book: A Practical and Compassionate Guide (2nd ed.)

The Truth About Children & Divorce: Dealing with the Emotions so You and Your Children Can Thrive

What About the Children: A Guide for Divorced/Separating and Divorcing Parents
Jack Arbuthnot and Donald Gordon Center for Divorce Education, Athens Ohio, 2001
A parent guide to the various aspects of separation and divorce: single parenting, long distance parenting, parenting plans and what helps children adjust.

What About the Kids? Raising Your Children Before, During, and After Divorce
Judith S. Wallerstein and Sandra Blakeslee (2003) Hyperion

Working with Children on Divorce: A teacher’s and counselor’s manual for children in the middle: children’s version
Jack Arbuthnot, and Donald A. Gordon (2005)
Resources for educators to help both parents and children especially get through the divorce process and make it easier in terms of dealing with the divorce trauma and shock.